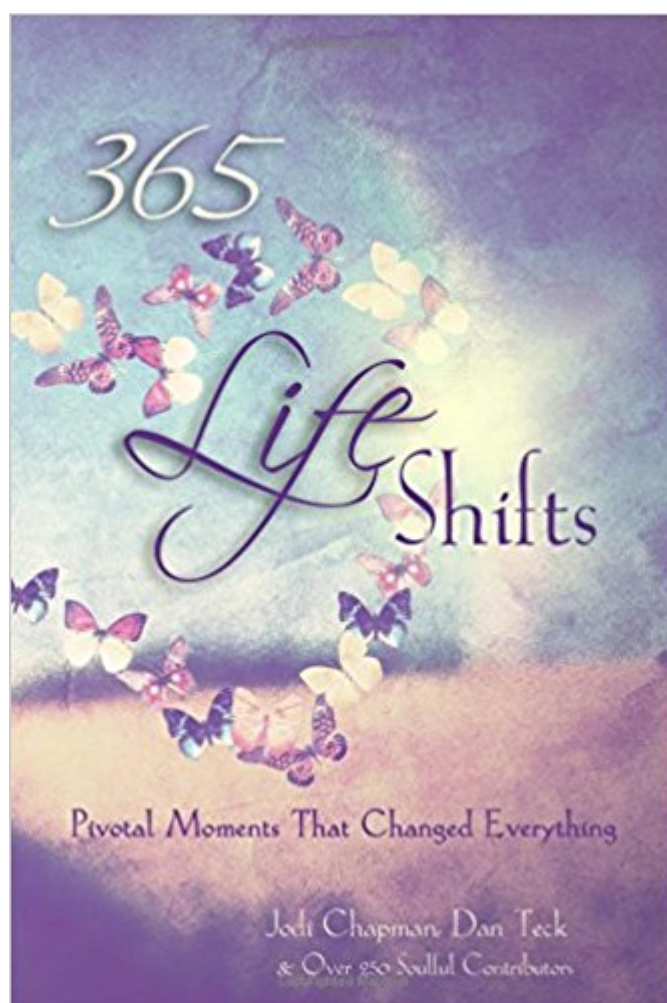


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365 Life Shifts: Pivotal Moments That Changed Everything (365 Book Series) (Volume 3)



Synopsis

Every so often, we have an experience that alters the course of our lives and changes who we are forever. Sometimes these moments fill us with rapture and flood us with insight. Other times, they are blessings in disguise that don't reveal their treasure until years later. However they show up, these moments can inspire us to live richer, deeper, and more authentically soulful lives. In this book, over 250 beautiful souls share such life-changing moments - experiences that inspired, uplifted, shook us to our core, got us back on track (or onto a new track altogether), and led us toward our true selves. The 365 inspiring stories include: discovering your purpose, experiencing a spiritual awakening, leaving a job/relationship/home/religion to follow your soul's whispers, bravely opening up to love, receiving messages from beyond, tapping into your inner strength, finding the beauty and wisdom in all of life, even in the difficult moments, and so much more! While the experiences themselves vary greatly, each of these moments transformed the authors and helped them shift in a positive way. These true stories (one page each - for quick inspiration!) were written with love and infused with the intention that you'll be able to discover the beauty in your own life shifts, too.

Book Information

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Customer Reviews

Here's a complete list of the soulful contributors who shared their hearts in our book: Nikki Ackerman, Atiya Ahmed, Aprile Alexander, Karrol Rikka S. Altarejos, Tiffany Andersen, Melisa Archer, Joy T. Barican, Mauri Barnes, Lisa Bartello, Katy Beaumont, Sarah Berkett, Holly Berkley, Rebekah

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Jodi Chapman & Dan Teck are the husband-and-wife team behind the bestselling 365 Book Series and the Soulful Journals Series. Jodi is an award-winning blogger at jodichapman.com. Dan is the author of the personal-growth blog Halfway up the Mountain (halfwayupthemountain.com). This is their third book in the 365 Book Series: Collaborative Books with Soul. They live on the Oregon coast with their sweet cats. They enjoy hanging out at the beach and working, creating, and playing together.

This is the latest book in the 365 series. Very short one-page submissions about pivotal, transformative moments in the contributors lives. Some of the entries resonate more than others. The book offers an eclectic mix of different life experiences and the big and small transitions that the writers encountered. This is a quick, light, enjoyable read. Good variety of material, though it seems condensed for brevity rather than depth.

Inspiring, warm collection of personal "shifts". I've already used my highlighter to bring me back to my favorite comments. Highly recommend.

As both a contributing author and a passionate reader I believe 356 Life Shifts offers true insight into the power of the Human Spirit to overcome incredible challenges. Heartwarming and uplifting personal stories share pivotal moments that reach into the heart of what it is to be human. As we make the choice to heal we honour the truth of who we really are. Amazing stories of love, faith ,

intuition and trust are woven into the fabric of 365 Life Shifts as we experience life's challenges through the eyes of another. This beautiful book has the power to inspire others to see the world through the eyes of self love and to know they too have the power to heal.

I really appreciate reading what happened in people's lives that made a shift for them. It seems that we all have moments of clarity and inspiration that define our life story. I am grateful to come to know all these authors and discover what else they do and how they show their authenticity in the world!

Love all the different stories and points of view. Uplifting and great food for thought.

Perfect book to help you with those life changing moments that can teach us how to shift into someone better...

I have thoroughly enjoyed reading it . I would recommend it to anyone .

such an amazing book!! love it so much!

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